

A close-up portrait of a woman with dark, wavy hair, wearing a white lace dress and a sparkling tiara. Her hands are raised, resting on the tiara. The background is dark and out of focus.

The Power of **I AM**

**HEALING AFFIRMATION
PRACTICE**

KRISTIN DANIELLE WILLIAMS

UNDERSTANDING WHO GOD SAYS I AM

Your mind believes whatever you tell it. So speak to her with love, let her know you are there for her. As you speak to her daily you will gain self love, power, and confidence.

Keep speaking to her even beyond the workbook, sis make it a habit. There is power in “I Am” because there is power in your words.

As you release your powerful healing affirmations into the atmosphere you will begin to faithwalk into your purpose.

Sis there is Power in I Am!!!

xxxx

HEALING AFFIRMATIONS



I AM Healing
I AM Whole
I AM Royalty
I AM Purpose
I AM Strength
I AM Growing
I AM Chosen
I AM Peace
I AM Worthy
I AM Forgiven
I AM Letting Go
I AM Unapologetically Me
I AM Free
I AM Loved
I AM Happy
I AM Respected
I AM Favored
I AM Smart
I AM Deserving
I AM Fearless
I AM Beautiful
I AM Bold
I AM God's Daughter
I AM HER 🧡

**I AM CHOOSING
TO HEAL
BECAUSE:**



DAILY HEALING CONFESSIONS

**I AM LETTING GO OF
WHAT NO LONGER
SERVES ME ANY
PURPOSE!**

**I AM HEALING BECAUSE
I CHOOSE MYSELF AND
MY PEACE!**

**I AM GROWING INTO A
BETTER VERSION OF
ME!**

**I AM THANKFUL THAT
GOD PROTECTED AND
REMEMBERED ME!**

Selah



AND BLESSED [SPIRITUALLY
FORTUNATE AND FAVORED BY GOD]
IS SHE WHO BELIEVED AND
CONFIDENTLY TRUSTED THAT
THERE WOULD BE A FULFILLMENT
OF THE THINGS THAT WERE SPOKEN
TO HER [BY THE ANGEL SENT] FROM
THE LORD." LUKE 1:45 AMPLIFIED

THANK YOU FOR READING!



with love



KRISTIN WILLIAMS
SELF LOVE COACH

**LUKE 1:41 "AND WHEN ELIZABETH HEARD THE GREETING OF
MARY, THE BABY LEAPED IN HER WOMB"**

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