



#### UNDERSTANDING WHO GOD SAYS I AM

Your mind believes whatever you tell it. So speak to her with love, let her know you are there for her. As you speak to her daily you will gain self love, power, and confidence.

Keep speaking to her even beyond the workbook, sis make it a habit. There is power in "I Am" because there is power in your words.

As you release your powerful healing affirmations into the atmosphere you will begin to faithwalk into your purpose.

Sis there is Power in I Am!!!

poxo

## **HEALING AFFIRMATIONS**



I AM Healing LAM Whole I AM Royalty I AM Purpose I AM Strength I AM Growing I AM Chosen I AM Peace I AM Worthy I AM Forgiven I AM Letting Go I AM Unapologetically Me LAM Free I AM Loved I AM Happy I AM Respected I AM Favored I AM Smart I AM Deserving I AM Fearless LAM Beautiful LAM Bold I AM God's Daughter LAM HER

# I AM CHOOSING TO HEAL BECAUSE:



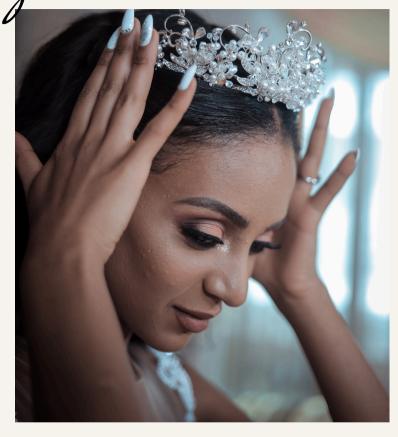
### DAILY HEALING CONFESSIONS

I AM LETTING GO OF WHAT NO LONGER SERVES ME ANY PURPOSE!

I AM HEALING BECAUSE I CHOOSE MYSELF AND MY PEACE!

I AM GROWING INTO A BETTER VERSION OF ME!

I AM THANKFUL THAT GOD PROTECTED AND REMEMBERED ME! Geloh



AND BLESSED [SPIRITUALLY FORTUNATE AND FAVORED BY GOD] IS SHE WHO BELIEVED AND CONFIDENTLY TRUSTED THAT THERE WOULD BE A FULFILLMENT OF THE THINGS THAT WERE SPOKEN TO HER [BY THE ANGEL SENT] FROM THE LORD." LUKE 1:45 AMPLIFIED

# THANK YOU FOR READING!





ith love

KRISTIN WILLIAMS
SELF LOVE COACH

LUKE 1:41 "AND WHEN ELIZABETH HEARD THE GREETING OF MARY, THE BABY LEAPED IN HER WOMB"

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